


 Destination: **MEDITERRANEAN**

 Itinerary: **Spain, France, Italy, Malta**

Ship:

 Departure port: **Barcelona, Spain**

 Departure date: **2020-01-16**

 Duration: **7 Nights**

Palermo, Italy

2020-01-20



PMO02 - PALERMO AND MONREALE



culture and history

Your excursion begins with a coach tour past the city's key landmarks, such as the Quattro Canti, Piazza Politeama and the Teatro Massimo, en route to Monreale, a town located on the slope of Monte Caputo and just 8 km away from Palermo. Enjoy a walking tour around the town and visit the Cathedral, home to an exquisite display of golden mosaics depicting scenes from the Old and New Testament. Back on your coach, enjoy the drive to Palermo for a full visit of the Cathedral, built in an unusual marriage of Norman and Arab architectural styles and which houses the tombs of different Norman kings and Emperor Frederick II. Another religious site of note is the "Casa Professa", one of the most important baroque churches in Palermo. You will also visit a local market rich in typical Sicilian products where you can enjoy some free time for shopping before returning to the ship. Please note: you have to walk up some steps to visit the Cathedral in Monreale. The guide will give explanation only outside the sites; guests will visit them individually. If the Cathedrals are closed on public holidays or during special events, the visit will be external. Guests are requested to wear appropriate attire for religious visits. This tour includes periods of walking, at times over uneven surfaces and is not available to guests who use a wheelchair; guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. Guests must return their audio guides to the guide in perfect condition at the end of the tour. Any damage or loss will be debited to the guest.

Price per person

Adult: \$ 60.00

Child: \$ 40.00



PMO04 - CEFALU'



culture and history

Enjoy a 1-hour coach drive to Cefalù, a small yet pretty town situated one hour away from Palermo and which was founded by the Norman King Roger II in the XII century on the site of an earlier historic settlement. You will visit Cefalù Cathedral, the "Duomo del Cristo Pantocratore", an example of Norman-Romanesque architecture with stunning interior Norman-Byzantine mosaics. Next on the list is the visit to the medieval lavatory, a public lavatory where people used to wash their clothes in the Middle Age and fully restored in 1991, a legacy of medieval times, carved into the rock. Enjoy a guided walk along the historical centre and some free time to explore the narrow, atmospheric streets. Quality local craft shops make Cefalù a great place for souvenir shopping. Please note: this tour includes walking on uneven ground and is not suitable for guests with walking difficulties or using a wheelchair. If the Cathedral is closed on public holidays or during special events, the visit will be external. Guests are requested to wear appropriate attire for religious visits.

Price per person

Adult: \$ 68.00

Child: \$ 52.00

**PMO06 - PALERMO & THE PALATINE CHAPEL**culture and
history

Join us as tour through the streets and square of this bustling Sicilian town; your coach will pass along the city's key landmarks, such as the Quattro Canti, Piazza Politeama and D'Orleans Palace with one of Palermo's main monuments as your last destination: the Palatine Chapel. The Chapel was commissioned by Roger II of Sicily in 1132 and took eight years to complete. Upon entering the site, one is struck by the elegance and the luminosity of the breathtaking mosaics which cover the ceiling and the dome. We will see more of Palermo's architectural gems, including external views of the Norman Palace and the Cathedral before having some free time for shopping. Next on the list is a visit of the church "Casa Professa", whose walls are covered with marbles, inlays, statues and endless arabesques decorations. Do not miss the opportunity to look around the wonderful "Capo" Market, Palermo's largest produce and fish market. We will end our tour via the "Teatro Massimo" (exterior only) before returning to the port. Please note: this tour includes periods of walking, at times over uneven surfaces and is not available to guests who use a wheelchair; guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. Guests are requested to wear appropriate attire for religious visits. Guests must return their audio guides to the guide in perfect condition at the end of the tour. Any damage or loss will be debited to the guest.

Price per person

Adult: \$ 83.00

Child: \$ 60.00

**PMO07 - SANTA ROSALIA'S GROTTA & MONDELLO**

something special

Leave the port for Monte Pellegrino where, set into a local cave, stands the shrine of Santa Rosalia, which was founded in 1625; in the nearby caves, the bones of the Saint were supposedly discovered and are now venerated as religious relics. We will then head to Mondello, a former fishing village and today a top tourist destination. Enjoy some free time strolling around this pleasant village. Back to Palermo, we will also visit a local market rich in typical Sicilian products where we can enjoy some free time for shopping. Return to the port. Please note: wheelchair users must be accompanied by a paying helper to provide assistance with getting on and off the coach; wheelchairs must be collapsible/foldable since the coach has neither a ramp nor a lift. Wheelchair users wishing to take part in this are requested to contact the Shore Excursions' Desk promptly once they are on board so that arrangements can be made. Guests are requested to wear appropriate attire for religious visits.

Price per person

Adult: \$ 52.00

Child: \$ 37.00



PMO22 - A TRIP TO THE ARCHAEOLOGICAL SITE OF SEGESTA AND THE VILLAGE OF ERICE

culture and history



Of the many must-sees that Sicily has to offer, one of the most notable are the archaeological remains of several ancient civilisations found at Segesta, now a part of the municipality called Calatafimi-Segesta, which you will reach after a pleasant coach ride. Situated a little way inland from Trapani amid green hills and fields, Segesta is home to a superbly preserved Doric temple, complete with elegant Doric columns, which dates back to the 5th-century B.C.. However, the fact that the edifice lacks a roof is not down to the ravages of time it was simply never built as the temple was left unfinished by its Elymian makers. The adjacent amphitheatre, built during the Hellenistic age on a hilltop overlooking the Gulf of Castellamare and restored by the Romans, is next on the tour. As you walk to the theatre, look out for archaeological evidence of the city's former appearance. Situated at the top of Mount Erice lies the town of the same name, built on the site of ancient Eryx, a largely Hellenized town founded by the Phoenicians and your next destination. Next to providing stupendous views of Trapani and the Sicilian coastline from its mountaintop location, the charming town of Erice is a winning blend of myths, legends and actual history. Quaint cobbled streets, beautiful houses and cool courtyards are just some of the towns many delights, which also include the 14th-century Mother Church that you will visit and the Castle of Venus that you will admire from outside. The coach drive to Palermo ends your Sicilian outing. Please note: this tour is not recommended for guests with walking difficulties or using a wheelchair as it involves long periods of walking on uneven ground. Guests are requested to wear appropriate attire for religious visits.

Price per person

Adult: \$ 75.00
Child: \$ 56.00



PMO23 - PALERMO SIGHTSEEING & A TASTE OF SICILY

something special



Your exclusive look at Palermo begins with a coach ride to Mondello to enjoy panoramic views of the gulf; a stop is scheduled for you to take photos at the "Palazzina Cinese" on the way. Moving on, you'll head for the historic centre for a pleasant walk through the typical "Capo" market and a chance to savour 2 "arancine", a Sicilian deep-fried stuffed rice ball, one with meat and one with cheese and ham. Then you'll make your way to have an external view "Massimo Theatre, where you'll have some free time to go shopping. Next, board your coach again and pass the Arab-Norman Cathedral on the way to a local bar for a sweet deep-fried and ricotta-filled pastry called "cannoli". Other tourist spots included in the itinerary are: "4 Canti", Pretoria fountain and a stop at "Villa Garibaldi" fountain for a chance to admire some majestic specimens of "figus magnolioides". To wrap up, you'll pay a visit to a local bar for a glass of passito, a kind of sweet dessert wine made from sun-dried grapes. The tour then ends with your return to the ship. Please note: wheelchair users must be accompanied by a paying helper to provide assistance with getting on and off the coach; wheelchairs must be collapsible/foldable since the coach has neither a ramp nor a lift. Wheelchair users wishing to take part in this are requested to contact the Shore Excursions' Desk promptly once they are on board so that arrangements can be made. Guests must return their audio guides to the guide in perfect condition at the end of the tour. Any damage or loss will be debited to the guest.

Price per person

Adult: \$ 71.00
Child: \$ 60.00



Note for guests with disabilities



PMO26 - THE MYSTERIES OF PALERMO

something special



The Catacombs of the Capuchins in the city of Palermo offer visitors a rare opportunity to get up close and personal with a topic that leaves many feeling ill at ease: death. After reaching the site, you'll embark on a somewhat macabre walk through the underground realm of those who have passed, with the corridors lined with countless mortal remains of people long deceased. The catacombs are particularly noted for the mummy of a little girl, who died of pneumonia aged nearly 2 in 1920. At the request of the distraught father, master embalmer Alfredo Salafia set about preserving the child's body. So skilled was Salafia that beautiful little Rosalia Lombardo (still) looks like she is simply sleeping with blonde curls, long eyelashes and rosy cheeks. The formula of the embalming fluid was only discovered in Salafia's private notes in 2013. Next, you'll catch outside views of the 12th-century Zisa Palace during a photo stop in the building's lovely gardens and a drive-by look at Palermo's key sights such as the Cathedral and Teatro Massimo ends the outing. Please note: wheelchair users must be accompanied by a paying helper to provide assistance with getting on and off the coach; wheelchairs must be collapsible/foldable since the coach has neither a ramp nor a lift. Wheelchair users wishing to take part in this are requested to contact the Shore Excursions' Desk promptly once they are on board so that arrangements can be made. This tour is considered to be unsuitable for guests suffering from claustrophobia or are scared of darkness; guests must be aware that they will see skulls and exposed corpses during the visit to the Catacombs. If the side gate of Zisa Gardens should be closed, wheelchair users will be able to visit only the lower part of the garden.

Price per person

Adult: \$ 63.00

Child: \$ 45.00



Note for guests with disabilities



PMOBK1 - PALERMO AND MONDELLO BY BIKE

active &
adventure



Fresh air, the best of Palermo, glorious coastal views and time to spend in the seaside town of Mondello await you on this gentle, half-day biking tour. To begin with, you'll pedal through Palermo to check out the city's must-sees such as the originally late 12th-century Palermo Cathedral, the 9th-century Palace of the Normans and the late 19th-century Teatro Massimo, which is the largest in Italy and boasts perfect acoustics. Several photo stops will be made on the way so you can capture the stunning scenery. Leaving Palermo, you'll then head along a 10-km coastal route in the shadows of Monte Pellegrino to reach the fishing village of Mondello. You'll have time to explore the picturesque resort and take a moment to try some of the local cuisine before you cycle back to the ship. Please note: children are allowed to take part in this tour provided their height is 155 cm. A declaration of agreement must be signed by an adult with parental authority for children before authorisation can be given for such guests to take part.

Price per person

Adult: \$ 60.00

Child: \$ 45.00

**PMOBK2 - CYCLING IN PALERMO & SURROUNDS****active &
adventure**

Joining this outing is sure to give you a thorough workout as you pedal around Palermo's hinterland on an approx. 40-km route with a 600-m gain in elevation. After leaving the confines of the city, you'll first cycle through the village of Arenella to reach the foothills of Monte Pellegrino, Palermo's neighbourhood mountain. Then you'll climb 500 m on a 7km uphill trail to reach the Santa Rosalia pilgrimage site, dedicated to the patron saint of Palermo. Take a break and browse the souvenir stalls at the site before continuing onwards and upwards to reach one of Monte Pellegrino's nearby viewpoints perfect for taking photos. Further photo-worthy vistas follow on the way down before you reach the Bay of Mondello, where a white sand beach and turquoise water await you. Time to relax or go for a refreshing swim will be yours at the beach, which is also served by numerous small cafés if you prefer to chill out with a drink. The final leg will give you one last chance to soak up gorgeous coastal views before you return to the ship. Please note: the tour involves arduous and in part uphill cycling along an approx. 40-km route and is considered to be suitable only for guests with a high level of physical fitness. Children are allowed to take part in this tour provided their height is 155 cm. A declaration of agreement must be signed by an adult with parental authority for children before authorisation can be given for such guests to take part.

Price per person

Adult: \$ 79.00

Child: \$ 56.00

Legend

KEY TO SYMBOLS

 Possibility of swimming	 Long route by bus	 Best seller
 Tasting included	 Shooting videos and/or taking pictures is not allowed or subject to fee	 New
 Lunch or dinner included	 Shopping	 Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.
 Drink included	 Mini Tours	
 Snack included	 Limited seats	
 No guide available		

DIFFICULTY LEVEL

-  **Easy**
May involve a limited quantity of steps, uneven surfaces and/or periods of standing
-  **Moderate**
May involve inclines, steps, uneven surfaces and/or extended periods of standing
-  **Strenuous**
Active excursions recommended only for guests in good physical health

FAMILY FUN	Take your children on a journey of discovery, with a special programme for kids. The perfect family trip.
CITY TOUR	Explore the city center with a guided tour and soak up the local scenery with a comfortable coach ride. The easy way to get to know your destination.
CULTURE AND HISTORY	Learn all about the history and culture of your destination, with visits to must-see locations and guided tours of key sites. The ideal route to local knowledge.
PANORAMIC TOUR	Admire your destination in total comfort, with a scenic coach tour taking in the best views and the main places of interest. The relaxing road to discovery.
SPORT AND ADVENTURE	Head ashore in search of adventure! Opportunities for sport and fun range from trekking and snorkelling to kayak tours and 4x4 vehicle adventures. The active choice.
WONDER OF NATURE	Immerse yourself in spectacular scenery and discover the fascinating flora and fauna of your destination. Your passport to the wonders of the natural world.
SOMETHING SPECIAL	Pursue your interests in new places! From gastronomic tours and guided shopping trips to religious visits, there's a world of pastimes and passions to explore.
SEA AND SUN	Treat yourself to some pure relaxation, basking on a beautiful beach or enjoying the stunning views on a scenic boat trip. A winner for sea and sun lovers.